# Mat-Su Monitor

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## MAT-SU COLLEGE NEWSLETTER STARTS WITH A "PUTT!"

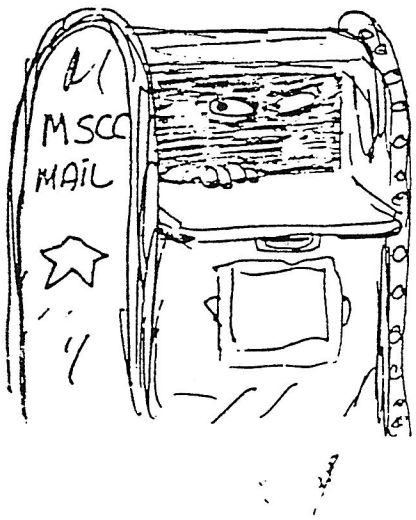
Our intention in starting this information source was to let you, the student body, to openly participate in a *student* Newsletter. As to date, it seems no one really wants to get involved. Really! Being the 90's, basically the age of new public awarness, we feel disappointed that so few have offered to take the 20 or 30 minutes, every other week, to help get this show on the road. The attitude of myself, and Chris, is one of a fighter, where we would rather contribute ourseives than to give up.

If this is what the students want, then this is surely what they'll get. I still believe that somewhere among the 1500 students there may be an artist to contribute some cartoons, or even a psych student with some suggestions on how we might cope with the ever changing world around us. How about a math major with a few brain teasers?

The faculty, I know, would love to have more of a forum than the class rooms, but I feel this is a student forum and we (yes, the editors are students, too) the students need to open up, take pen in hand and see what flows. Surely there must be a few creative people in a student body this size, that can take time from thier busy lives to start a one paragraph column.

Don't let us down or the newsletter will never get the running start it needs to help propell the real issues that *we*, the students, face. I look forward to hearing from you.

The Editors, Mark and Chris




## THE OL' HOMESTEADER

The Ol' Homesteader is just for fun, and should not be taken seriously!

**Q:** My neighboors dogs are always in my yard, bothing my cats. What can I do?

**A:** Your best bet would be to get rid of the cats.

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**Q:** When it's cold outside my car doesn't start. Any tips?

**A:** Brrr! Yes, just wait till spring.

## A Byte of News

The semester seems to be off and running pretty smoothly so far in the computer labs. I say this for only a few times have the printers consumed finished documents, and only a few students have reported that their floppy diskettes along with their files have disappeared, never to be seen again, inside the computers. Most of all I have not had any reports of labs aides threatening a student or even hinting of hurting themselves. Don't despair though, the time will arrive shortly, ussually around spring break and for sure durring mid-terms and finals. The good days are yet to come. Another good sign is that more students who are not enrolled in a computer class have started to show interest in doing their word processing for all class assignments, instead of using the archaic machines called typewriters (Ithink that is the technical name for those things).

Anyway, for those students who don't know, all it will cost is a mere $25.00 per semester to reserve a computer that one can use six days a week. I don't think that anyone can find a better deal than this. Also, for the same $25.00 fee, a student can receive advice from very capable individuals called lab aides. While they cannot teach the application programs themselves, they will assist you in getting started and then help you with the finishing touches to make your document look professional. These machines are available Monday thru Friday from the early hour of 8:30am till 10:00pm and on Saturday from 9:00am until 5:00pm. Quite the deal for a small price. Come on by and take a look, and ask questions. I hope you will take advantage of this opportunity to make your semester more enjoyable and fruitful. Till next time...
.....Hit any key to continue.

Rick Ball

We'd love to hear from you!

## Student Government
### *Legislative Affairs*

Paula Groundwater and Scott Brown, Student government Legislative Affairs delegates were in Juneau lobbying the legislature February 10th - 15th. Their goal was to secure funding for the building completion project which would connect the main campus building to Snodgrass Hall. Paula and Scott lobbied the legislature last year, as well. $3.5 million was allocated. This year they are lobbying for an additional $3.6 million to complete the project.

Some important events occurred while they were in Juneau. The State of Alaska received $630 million tax settlement. Governor Hickel and Senator Kertulla each issued press releases proposing education as a primary recipient of the settlement.

Paula and Scott are optimistic about the project because they feel the current sentiments, in the legislature, favors education funding.

Paula Groundwater & Scott Brown

# THE BEST OF TIMES, THE WORST OF TIMES

This article taken from the Anchorage Daily News, February 1, 1993

| TIME | ACTIVITY |
|---|---|
| 7-9 am | *Up for sex*- Hormones peak, triggering an appetite for sex. |
| 8-10 am | *Pain protection*- Schedule root canals and other painful activities now, when your tolerance is highest. |
| 9-10 am | *Quick Recall*- Short-term memorization works best at these hours. That means you can cram for a quiz a few minutes before starting time. But don't expect to remember anything by afternoon; such short-term memories last only 10 minutes. |
| 9am-noon | *Thinking Cap*- With analytical and reasoning skills in high gear, morning is a good time to solve problems, map strategies, balance the books. |
| 10am-noon | *Wide Awake*- This is when your most alert and aware; speaking skills are also peaking. A good time for business meetings, presentations and closing arguments. Make those lunches power brunches. |
| 1-3pm | *The Pit in the P.M.*- Whether you eat lunch or not, it's natural to feel dull and sleepy at this time. A short rest now can boost your output for the rest of the day. Since napping on the job is usually frowned upon, exercise at lunchtime to rev yourself up. |
| 3-4pm | *Afternoon Reprieve*- Alertness rises again and long-term memorization skills peak. This is the best time to study for exams or practice a speech; recall is 8% higher on material studied now than on material studied at 9am. |
| | *Hand-Eye High*- Tennis, anyone? Your hand-eye coordination peaks now. |
| 3-5pm | *Mood Swings*- From a low point at around 4am, your dispostion improves throughout the day to a cheery afternoon high. |
| 4-5pm | *Clash Time*- This is the hour to ask th boss for a raise or tackle tough issues with your spouse. Your ability to handle confrontations is at its highest. |
| 4-6pm | *Digital Dexterity*- Whether it's typing, practicing the accordion, or juggling flaming swords, manual dexterity is sharpest now. |

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| 6-9pm | *Downshifting*- Your thinking skills and reflexes are winding down. The activities best suited for evening are those we usually engage in: preparing dinner, watching TV, recreational reading. Don't try anything to challenging-especially excersice; it'll make it hard for you to fall asleep, and throw off your schedule. |
| 7-9pm | *Time to Taste*- Your 5 senses are most acute now, increasing appreciation for music, a fine cognac, and other pleasurable sensory activities. |
| 11pm-1am | *Late-Night Genius*- If you stay up late, you start to think with the stuff dreams are made of. This ceative burst is best for artistic endeavors such as writing, composing music, and creating snappy ad campaigns. |

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## Mr. Mom,

As A single parent with two kids, I have a slight dilemma. My boyfriend, whom I love and he loves me, doesn't spend any time at all with my children. As a result, my kids don't feel comfortable when he and I spend time together. What should I do?

Confused

Dear confused,

One thing to always remember is that your kids will always be there(at least 18 years). Relationships, sometimes, come and go. Basically, you and the kids are a team. Remember to look at their needs. They need a caring father figure, not just one that hangs around for moms' satisfaction. Always count your blessings (if you have 2 kids, then you have 2 blessings). Remember, money and pleasure are nice, but quite possibly, your children are your legacy, your only lasting mark on this earth.

Mr. Mom

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If you have a letter that you would like to submitt for either The Ol' Homesteader or Mr. Mom. Just slip the letter into the SCHOOL PAPER mailbox across from the book store. Please leave your true name and phone number so that we can contact you

THE EDITORS, CHRIS AND MARK